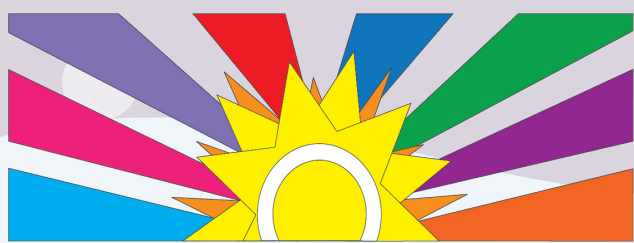


JANUARY MEAL & SNACK MENU

JANUARY 3 - 31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BREAKFAST *Toast, Fruit, 1% Milk LUNCH Egg Burrito, Pineapple, Baked Beans, 1% Milk SNACK 100% Juice, Cheez-Its	4 BREAKFAST Sausage Patty, 100% Juice, 1% Milk LUNCH Chicken Breaded, *Pasta, Diced Peaches, Broccoli, 1% Milk SNACK 1% Milk, Animal Crackers	5 BREAKFAST *Waffles, 100% Juice, 1% Milk LUNCH Beans & Rice, Applesauce, Cali Blend Veggies, 1% Milk SNACK Graham Crackers, Peanut Butter	6 BREAKFAST Biscuits & Gravy, 100% Juice, 1% Milk LUNCH *Cheese Pizza, Tropical Fruit, Corn, 1% Milk SNACK Pretzels, String Cheese	7 BREAKFAST English Muffins, 100% Juice, 1% Milk LUNCH Hamburger w/ Bun, Fresh Fruit, French Fries, 1% Milk SNACK *PB&J Sandwich, Banana
10 BREAKFAST *Cheerios, 100% Juice, 1% Milk LUNCH Cheese Quesadilla, Applesauce, Baked Beans, 1% Milk SNACK 1% Milk, Graham Crackers	11 BREAKFAST Pancakes, 100% Juice, 1% Milk LUNCH Chicken, *Pasta, Pineapple Tidbits, Green Beans, 1% Milk SNACK Crackers, Peanut Butter	12 BREAKFAST Muffins, Fruit, 1% Milk LUNCH Bologna/Cheese, *Crackers, Banana, Carrot Sticks, 1% Milk SNACK 100% Juice, Goldfish Crackers	13 BREAKFAST Oatmeal, 100% Juice, 1% Milk LUNCH Chicken Patty, Diced Peaches, Broccoli, 1% Milk SNACK Animal Crackers, Yogurt	14 BREAKFAST Cheese Toast, 100% Juice, 1% Milk LUNCH Steak Finger, Tropical Fruit, Mashed Potatoes, 1% Milk SNACK *Saltine Crackers, Cheese
17 CLOSED FOR MLK JR. DAY	18 BREAKFAST *Toast, 100% Juice, 1% Milk LUNCH Egg Burrito, Pineapple Tidbits, Baked Beans, 1% Milk SNACK 1% Milk, Animal Crackers	19 BREAKFAST Sausage Patty, 100% Juices, 1% Milk LUNCH Cheese (grilled) *Bread, Applesauce, Cali Blend Veggies, 1% Milk SNACK Graham Crackers, Peanut Butter	20 BREAKFAST *Waffles, 100% Juice, 1% Milk LUNCH *Cheese Pizza, Tropical Fruit, Corn, 1% Milk SNACK Pretzels, String Cheese	21 BREAKFAST English Muffins, 100% Juice, 1% Milk LUNCH Hamburger w/ Bun, Diced Peaches, Tator Tots, 1% Milk SNACK Bananas, *PB&J Sandwich
24 BREAKFAST *Cheerios, 100% Juice, 1% Milk LUNCH Cheese Quesadilla, Applesauce, Baked Beans, 1% Milk SNACK 1% Milk, Graham Crackers	25 BREAKFAST Egg Pouch, 100% Juice, 1% Milk LUNCH Chicken, *Pasta, Pineapple Tidbits, Green Beans, 1% Milk SNACK Saltine Crackers, Peanut Butter	26 BREAKFAST Pancake on a Stick, Fresh Fruit, 1% Milk LUNCH Bologna/Cheese *Sandwich, Banana, Cucumber Slice, 1% Milk SNACK 100% Juice, Goldfish Crackers	27 BREAKFAST *Oatmeal, 100% Juice, 1% Milk LUNCH Fish Stick Diced Peaches, Cali Blend Veggies, 1% Milk SNACK Animal Crackers, Yogurt	28 BREAKFAST *Cheese Toast, 100% Juice, 1% Milk LUNCH *Steak Finger, Tropical Fruit, Mashed Potatoes, 1% Milk SNACK *Saltine Crackers, Cheese
31 BREAKFAST *Toast, Fruit, 1% Milk LUNCH Egg, Burrito, Pineapple, Baked Beans, 1% Milk SNACK 100% Juice, Cheez-Its				

*WHOLE GRAIN This Institution is an Equal Opportunity Provider and Employer



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